

Service	Service Code	Available Under Age 21?	Available Over Age 21?	Generic Resources First?	Money Added to the Budget?	Examples	Notes
Acupuncture	357	No	Yes	MediCal/private insurance	No		Limited to two services per month unless additional services are medically necessary
Behavioral Intervention Services	364	Sometimes	Yes	MediCal/private insurance	Yes*		Limited to six month increments per the Lanterman Act
Chiropractic Service	373	No	Yes	MediCal/private insurance	No		
Communication Support	360	Yes	Yes	MediCal/private insurance/school district	Sometimes		
Community Integration Supports	331	Yes	Yes	Typical parental responsibility & Community agencies	Yes*	Social/recreational services, peer mentoring, mobility services, continuing/adult education	Does not include the cost of college
Community Living Supports	320/321	Yes	Yes	IHSS & SSI	Sometimes	Support animal costs, residential facilities	Cost of room & board (rent) is excluded by law
Crisis Intervention and Supports	363	Yes	Yes	No	Based on Need		Typically short-term
Dental Services	367	No	Yes	MediCal/private insurance	Rarely		Services must be medically necessary as related to the individual's qualifying developmental disability and typically cannot exceed \$1800.00 per year.
Employment Supports	335	No	Yes	Department of Rehabilitation	Yes*		Not available under the age of 18/22; individual generally must have a high school diploma or certificate of completion.
Environmental Accessibility Adaptations	356	Yes	Yes	California Children's Services (CCS), MediCal, landlord	Sometimes		Permanent modifications will not be made to a home that is not owned by the participant/family.

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Family Support Services	378	Yes	No	Typical parental responsibility, IHSS, SSI, Crystal Stairs/generic daycare agencies	Based on Need	Child Day Care	Typically only available when parents are actively working or engaged in education towards vocation. Typical parental responsibility will be taken into account, and there may be a share of cost associated. May need to be a licensed childcare provider.
Family/Consumer Training	366	No	Yes	Potentially MediCal/private insurance	Based on Need	RN Supervision of an LVN or CNA providing services, BCBA supervision of a behavioral consultant	
Financial Management Service (FMS)	315, 316, 317	Yes	Yes	No	No*	Bill Payer, Co-Employer, Sole Employer	Required for all participants in Self-Determination; while funding generally may not be added to the budget, there may be COVID-19 related waivers.
Home Health Aide	359	No	Yes	MediCal/private insurance	Based on Need		
Homemaker	313	Yes	Yes	IHSS, typical parental responsibility	Based on Regional Center Purchase of Service (POS) policy		
Housing Access Supports	314	No*	Yes	IHSS, Section 8, etc.	Based on Regional Center POS policy for Supported Living Services (SLS)	Supported Living Services (SLS) for individuals living independently	Specifically excludes payment for room and board/rent; generally is not available for individuals under the age of 18/22 who do not have a high school diploma or Certificate of Completion

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Independent Facilitator	340	Yes	Yes	No	No	Ongoing Person-Centered Planning, staff recruitment, resource finding, rate negotiation, etc.	<p>Per law, funding may not be added to the budget for this purpose. Participants may use their Service Coordinator (SC) at no cost for limited portions of this role.</p> <p>The Independent Facilitator may not provide any other service to the participant in the IPP (including IHSS), and also may not work for an agency that provides any other service to the participant in the IPP.</p>
Individual Training and Education	334	Yes	Yes	School District, College Disability Services, Department of Rehabilitation (DOR), FAFSA, etc.	Based on Regional Center POS policy for educational services between the ages of 3-17 and/or postsecondary endeavors	Training programs, workshops, and conferences, enrollment fees, books/reference/resource materials, transportation expenses (excluding airfare) required to participate in the Individual Training & Education	<p>Does not include the cost of airfare, meals, or overnight lodging; all services must be in the state of California.</p> <p>College tuition and/or books, etc., are not included in this definition. They are not federally reimbursable services (as required for all services in the waiver), are covered by generic resources, and are not specifically related to the individual's qualifying developmental disability, as all Lanterman Act services must be.</p>
Lenses and Frames	368	No	Yes	MediCal/insurance	Based on Regional Center POS policies (typically not)		

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Live-In Caregiver	312	No	Yes	IHSS, WPCS, etc.	Not specifically		Must be provided in a home that the participant rents, leases, or owns; participant must require personal care support. Legal guardian may not provide this service, and live-in caregiver must be <i>unrelated</i> to the participant. Participant cannot live in the caregiver's home, and the caregiver cannot be a provider of Medicaid services (i.e. IHSS)
Massage Therapy	374	Yes	Yes	No	No		
Non-Medical Transportation	338	Yes	Yes	ACCESS, public transportation, natural supports, typical parental responsibility	Based on Regional Center POS policies (typically not for children under the age of 18)	Uber, Lyft, private transportation	<p>Transportation for children under the age of 18 is generally considered a typical parental responsibility under the Lanterman Act.</p> <p>Private transportation for adults may only be funded if they are unable to access generic transportation resources.</p> <p>Transportation funding is generally only provided to school/work/day program; transportation to community activities is not considered to be a result of an individuals' disability, but rather something that all people have to expend.</p>
Nutritional Consultation	362	Yes	Yes	MediCal/insurance, IHSS	No		Consultative services that do not include specific planning for, shopping, nor preparation of meals for participant

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Occupational Therapy	375	No	Yes	MediCal/insurance, school districts, California Children's Services (CCS)	Based on Regional Center POS policies		Limited to two services per calendar month (including a combination of two services from various areas) unless more is considered medically necessary
Optometric/Optician Services	369	No	Yes	MediCal/insurance	Based on Regional Center POS policies (generally no)		Generally limited to one eye exam every 24 months unless otherwise medically necessary.
Participant-Directed Goods and Services	333	Yes	Yes	MediCal/insurance, school districts, IHSS, etc.	Based on Regional Center POS policies	Sensory equipment not otherwise provided by insurance ("chewies")	Specifically excludes goods and services that are purchased for entertainment (for example, amusement park, concert tickets or recreation that provides no therapeutic and/or physical benefit), hobby supplies, television, cable access, DVDs
Personal Emergency Response System (PERS)	358	Yes	Yes	No	Based on Regional Center POS policies	Apple Watch, AirTags, seizure detecting watch	
Physical Therapy	376	No	Yes	MediCal/insurance, school districts, California Children's Services (CCS)	Based on Regional Center POS policies		Limited to six month treatments that may be renewed if medically necessary

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Prevocational Supports	339	No	Yes	Department of Rehabilitation, school districts	Based on Regional Center POS policies		Not available until an individual is 18/22 years of age and has a high school diploma/Certificate of Completion; does not include transportation from a participant's residence
Psychology Services	370	No	Yes	MediCal/insurance	No		Limited to the amount of service that is medically necessary
Respite Services (including out-of-home respite)	310/311	Yes	Yes	IHSS, typical parental responsibility	Based on Regional Center POS policies	Camps	If an individual requires licensed/specialized respite care in traditional services, they will continue to in Self-Determination Cannot be provided by a parent or a parents' spouse
Skilled Nursing	361	No	Yes	MediCal/insurance, California Children's Services (CCS)	Based on Regional Center POS policies		
Specialized Medical Equipment & Supplies	365	Yes	Yes	MediCal/insurance, California Children's Services (CCS), school districts	Based on Regional Center POS policies	Menstrual underwear, therapy putty, wheelchair gloves	
Speech, Hearing, and Language Services	372	No	Yes	MediCal/insurance, California Children's Services (CCS), school districts	Based on Regional Center POS policies		Limited to two services per calendar month; hearing aids are capped at \$1510.00 per year, unless otherwise medically necessary.

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Technology	336	Yes	Yes	MediCal/insurance, California Children's Services (CCS), Department of Rehabilitation, school districts, typical parental responsibility	Based on Regional Center POS policies	Cell phone to connect to seizure detecting watch and monthly bill; iPad, laptop	Can include insurance and training on usage of technology
Training and Counseling Services for Unpaid Caregivers	371	Yes	Yes	No	Based on Regional Center POS policies	Conferences for parents	Does not include travel costs, meals, or overnight lodging, and is only for <i>unpaid</i> caregivers; does not include paid staff training.
Transition/Set Up Expenses: Other Services	337	No*	Yes	Yes (community agencies, SSI, etc.)	Based on Regional Center POS policies	Security deposits, moving expenses, utility set up fees, essential furnishings	<p>Only for individuals who are transitioning out of an <u>institution</u>.</p> <p>A one-time cost that can be expended up to 180 days in advance of the individual moving into the community; must be for a living arrangement that is owned, leased, or rented by the participant.</p> <p>Excludes room and board/rent, hobby supplies, cable television, DVDs, regular utility charges, and food.</p>

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Vehicle Modifications and Adaptations	377	Yes	Yes	MediCal/insurance, California Children's Services (CCS), etc.	Based on Regional Center POS policies	Wheelchair accessibility, hand controls, grab bars, etc.	<p>Does not include the purchase of a vehicle, nor ongoing routine maintenance.</p> <p>Vehicle must be owned by the participant or a family member, and the owner of the vehicle cannot be a paid provider of transportation services.</p> <p>Requires assessment from Occupational & Physical Therapy to document need for service/adaptation.</p>